

So our youth will do the right thing even when no one is looking.

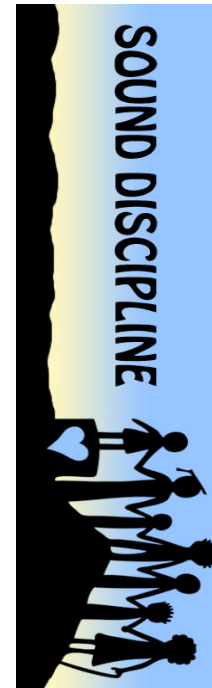
We offer:

- A solution focused approach to discipline and learning.
- Outstanding experiential training for school staff.
- Training for Parenting Educators
- Parenting workshops and support



Sound Discipline is a 501 (c)(3) corporation dedicated to fostering equity and democracy. We collaborate with the national Positive Discipline Association to bring outstanding training to families and schools.

Sound Discipline
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*Growing equity and democracy:
one child,
one family,
one classroom
at a time.*



SOUND DISCIPLINE

At home...

Parenting classes are offered in the Puget Sound Region for parents and caregivers wanting more respect, cooperation and peace in their homes. Check our website calendar for the latest offerings. www.SoundDiscipline.org

"We learned so much from the classes. In addition to all the wonderful tools, we found the classes and fellow parents to be so supportive that we did not want the classes to end."

-Jeff and Dinnhe, Kirkland, WA

Thank you so much for teaching these classes. I'm sure you have helped and touched many families as you have mine.

- J. R.



And at school...

The Positive Discipline School uses solution-focused discipline to build a powerful learning community that models mutual respect and supports academic excellence.

Positive Discipline Schools focus on:

- Relationships using mutual respect and encouragement
- Building meaning into learning by empowering students to engage actively.
- Fostering mastery of social as well as academic skills.
- Leading instead of managing student behavior.
- Long-term solutions to misbehavior at individual, class and school levels
- School wide data to track system improvement.

The most valuable learning for me was the connection between how the brain works, development and (student) behavior.

-Substitute teacher, Seattle

I think our class meetings have helped a lot. We've solved lots of problems and learned from them too. I love my class meetings.

- Kiera, 2nd grade

Our time dealing with discipline problems is down. I now have more time to spend in classrooms.

-Principal, Seattle

This was one of the best hours of training I've had since I've been a principal.

-Principal, Seattle